



Updated as of 6.29.09

## SUMMER GOLD CONFERENCE MEET INFORMATION

	A	B
<b>TEAMS</b>	Academy (ACAD) Elmhurst (EST) Hickory Willow (HWSA) Lincoln-Way (LWSA) St. Charles (SCST) West Chicago (WCS)	Barrington (BSC) Bartlett (BEST) Delta (DLTA) Express (EXPR) Palatine (PPD) Ultimate (ULT) Wheaton Sport Center (WSCS) Wheaton (WHTN)
<b>MEET HOST</b>	Elmhurst Swim Team	Delta Aquatics
<b>SITE</b>	York High School (6 lane pool)	Oswego East HS (8 lane pool)
<b>DATE</b>	Tuesday July 21, 2009	Monday July 20, 2009
<b>MEET CONTACTS</b>	Dave Davis ddavis@elmhurst205.org	Jessica Bogie CoachJessica@comcast.net

### SCRATCH PROCEDURE:

- ⇒ No scratch meeting will be held.
- ⇒ Submit scratches in writing to the Meet Director (or designee).
- ⇒ You may substitute for a missing swimmer.
- ⇒ You may not change a swimmer's event (who is present at the meet) to another event to replace a missing swimmer.

	<b>A Meet Information</b>	<b>B Meet Information</b>
<b>Time Schedule:</b>	12:45.....pool opens 1:00.....warm-ups for distance events 1:15.....distance event scratches due 1:50.....clear pool <b>2:00.....DISTANCE BEGINS (Events #1-4)</b> 3:00.....warm-ups for rest of events begins 3:15.....Scratches due to Meet Director 3:50.....clear pool <b>4:00.....MEET BEGINS (Events #5-68)</b>	1:15.....pool opens 1:30.....warm-ups for distance events 1:45.....distance event scratches due 2:20.....clear pool <b>2:30.....DISTANCE BEGINS (Events #1-4)</b> 3:30.....warm-ups for rest of events begins 3:45.....Scratches due to Meet Director 4:20.....clear pool <b>4:30.....MEET BEGINS (Events #5-68)</b>

<b>Entries due by:</b>	Wednesday, July 15 <sup>th</sup> , 2009
<b>Entry Limitations:</b>	Each swimmer may swim five events total (maximum of three individual events between Silver and Gold, No repeat events), including relays.  Each team may enter <b>2 swimmers</b> in each individual event and <b>1 relay</b> in each relay event.
<b>“Age up” Date:</b>	The swimmer's age as of <b>the meet date</b> will determine his/her age group for CSC meets.
<b>Seed Times:</b>	All seed times should be recorded as <b>Short Course Yard</b> times.
<b>Entry Fees:</b>	No entry fees will be charged. Each club must pay their portion of the awards fees to the Conference Administrator. Hospitality and other costs (such as ISI Sanction) associated with hosting the meet are the responsibility of the host team. <b>AWARDS FEE due July 1, 2009 to Jessica Bogie! Awards fee is \$210.00</b>
<b>Meet Workers:</b>	For this meet each team will supply: <b>1 official AND 2 timers</b>

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**Awards:**

Awards (Rosette Ribbons) will be given to the top six finishers in each event.



## GOLD CONFERENCE ORDER OF EVENTS

GIRLS	EVENT	BOYS
1	12 & Under 500 Free	2
3	13-14 500 Free	4

GIRLS	EVENT	BOYS
5	8 & Under 100 Medley Relay	6
7	9-10 200 Medley Relay	8
9	11-12 200 Medley Relay	10
11	13-14 200 Medley Relay	12
13	8 & Under 25 Free	14
15	9-10 100 Free	16
17	11-12 100 Free	18
19	13-14 100 Free	20
21	8 & Under 100 IM	22
23	9-10 100 IM	24
25	11-12 200 IM	26
27	13-14 200 IM	28
29	8 & Under 25 Back	30
31	9-10 50 Back	32
33	11-12 100 Back	34
35	13-14 100 Back	36
37	8 & Under 50 Free	38
39	9-10 200 Free	40
41	11-12 200 Free	42
43	13-14 200 Free	44
45	8 & Under 25 Fly	46
47	9-10 50 Fly	48
49	11-12 100 Fly	50
51	13-14 100 Fly	52
53	8 & Under 25 Breast	54
55	9-10 50 Breast	56
57	11-12 100 Breast	58
59	13-14 100 Breast	60
61	8 & Under 100 Free Relay	62
63	9-10 200 Free Relay	64
65	11-12 200 Free Relay	66
67	13-14 200 Free Relay	68