



WINTER A CONFERENCE MEET INFORMATION

	GOLD A	SILVER A	BRONZE A
TEAMS	Academy (ACAD) Fox (FOX) Lyons (LYON) Mavericks (MAVS) St. Charles (SCST) Wheaton (WHTN)	Barrington (BSC) Delta (DLTA) Elmhurst (EST) Hickory Willow (HWSA) Lincoln-Way (LWSA) West Chicago (WCS)	Bartlett (BEST) Express (EXPR) Hinsdale (HSC) Palatine (PPD) Ultimate (ULT) Wheaton Sport Ctr (WSCS)
MEET HOST	Lyons	Hickory Willow	Express
SITE	Lyons Township South HS	Stagg HS	Downers Grove North HS
DATE	Sunday, February 22, 2009	Sunday, February 22, 2009	Sunday, February 22, 2009
MEET CONTACT	Mike Laurich swimlyons@sbcglobal.net	Tom Rieman trieman@hotmail.com	Judy Busse judy_busse@swimexpress.com
METHOD OF ENTRY	Entries (Hy-Tek) will only be accepted via email.		

SCRATCH PROCEDURE:

- ⇒ No scratch meeting will be held.
- ⇒ Submit scratches in writing to the Meet Director (or designee).
- ⇒ You may substitute for a missing swimmer.
- ⇒ You may not change a swimmer's event (who is present at the meet) to another event to replace a missing swimmer.

Time Schedule:	7:30am.....pool opens 7:45am.....warm-ups begin 8:15am.....scratches due to Meet Director (or designee) 8:45am.....clear pool 9:00am.....MEET BEGINS
Entries due by:	Tuesday, February 17, 2009 – Please be considerate of the host and get your entry in on time!
Entry Limitations:	Each swimmer may swim five events total (maximum of three individual events between A Conference and B Conference, No repeat events), including relays. Each team may enter 3 swimmers in each individual event and 1 relay in each relay event.
“Age up” Date:	The swimmer's age as of the meet date will determine his/her age group for CSC meets.
Seed Times:	All seed times should be recorded as Short Course Yard times.
Entry Fees:	No entry fees will be charged. Each club must pay their portion of the awards fees to the meet host with their entry. Hospitality, Officials and other costs (such as ISI Sanction) associated with hosting the meet are the responsibility of the host team. AWARDS FEE due by December 1, 2008 to Jessica Bogie! Awards fee information will be shared as soon as it is available.
Meet Workers:	For this meet each team MUST supply: <ul style="list-style-type: none"> • 1 official • 2 timers
Awards:	Awards will be given to the top twelve finishers in each event with the exception of Senior Boys who will swim as exhibition.
Scoring:	12 th place scoring will be used for all events. Senior Boys' events will be swum as exhibition.



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Warm-ups: 7:45am

Meet Start: 9:00am

GIRLS	EVENT	BOYS
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15 & Over 200 Medley Relay	10
11	8 & Under 25 Free	12
13	9-10 50 Free	14
15	11-12 50 Free	16
17	13-14 50 Free	18
19	15 & Over 50 Free	20
21	8 & Under 100 IM	22
23	9-10 100 IM	24
25	11-12 100 IM	26
27	13-14 200 IM	28
29	15 & Over 200 IM	30
31	8 & Under 25 Back	32
33	9-10 50 Back	34
35	11-12 50 Back	36
37	13-14 100 Back	38
39	15 & Over 100 Back	40
41	8 & Under 25 Breast	42
43	9-10 50 Breast	44
45	11-12 50 Breast	46
47	13-14 100 Breast	48
49	15 & Over 100 Breast	50
51	8 & Under 50 Free	52
53	9-10 100 Free	54
55	11-12 100 Free	56
57	13-14 100 Free	58
59	15 & Over 100 Free	60
61	8 & Under 25 Fly	62
63	9-10 50 Fly	64
65	11-12 50 Fly	66
67	13-14 100 Fly	68
69	15 & Over 100 Fly	70
71	8 & Under 100 Free Relay	72
73	9-10 200 Free Relay	74
75	11-12 200 Free Relay	76
77	13-14 200 Free Relay	78
79	15 & Over 200 Free Relay	80